

**YOGA ASSOCIATION OF ALBERTA**  
**11759 Groat Road, Edmonton AB T5M 3K6**  
**Phone: 780.427.8776; Fax: 780.422.2663; Website: www.yoga.ca; E-mail: cert@yoga.ca**

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**YAA HATHA YOGA TEACHER  
 RECERTIFICATION APPLICATION FORM**

- \* Applicants must maintain YAA membership and be a member in good standing. \*
- \* Applications must be received by the applicable deadline (March 1<sup>st</sup> for May certification, July 1<sup>st</sup> for September certification, and November 1<sup>st</sup> for January certification.) \*
- \* Please be advised that any applicant may be subject to an audit of submitted documentation at anytime. \*

Name: _____	E-mail Address: _____
Address: _____	
City/Province: _____	Postal Code: _____
Phone Number: (Home) _____	(Alternate) _____

**To apply for YAA Recertification, please submit this form to the above with the following:**

- Up-to-date YAA membership** (current expiry date listed on the mailing label of your *Yoga Bridge* newsletter),
- Recertification Fee (\$75);** +\$25 reinstatement fee for lapsed certification only if your certification has previously expired,
- Record of a **MINIMUM TOTAL OF 300 HOURS** of hatha yoga professional development **within each three-year period** in the following categories:
  - A minimum of 150 HOURS ATTENDING** hatha yoga classes and/or workshops (**Appendix I-2**). It is recommended that classes and/or workshops be taught by YAA Certified Intermediate or Senior Teachers (or equivalent).
  - A minimum of 50 HOURS TEACHING** hatha yoga classes and/or workshops (**Appendix I-3**).
  - The remaining **minimum of 100 HOURS** may be **EITHER ATTENDING OR TEACHING** hatha yoga classes and/or workshops.

**Please summarize from attached forms:** \_\_\_\_\_ HOURS ATTENDING  
 + \_\_\_\_\_ HOURS TEACHING  
 = \_\_\_\_\_ **HOURS REPORTED**

Notes: See the *YAA Hatha Yoga Teacher Recertification Guidelines* at [www.yoga.ca](http://www.yoga.ca) for more details on Recertification requirements and status applications including 500-Hour Certification, Intermediate Teacher Status (600 hours+), and Senior Teacher Status (800 hours+). See Appendix A for a definition of hatha yoga. If you have taught or attended workshops / classes over and above the required hours, please record those hours as well in order that a complete profile of your professional development is in your Yoga Association of Alberta Certification file. If you do not meet the minimum hourly requirements as outlined above, please see the above-mentioned document, Sec. I.3 - Requests for Extension.

The information on this form is used to determine eligibility in YAA programs. By signing below, I affirm that all the documents attached to this certification application are correct, complete and fully disclose my yoga activities. I agree to have my name, phone number, teaching location and training, e-mail and/or website added to the YAA Directory in the *Yoga Bridge* and on the YAA Website. I also agree to receive commercial electronic emails from the YAA. All other information is kept confidential. The YAA does not sell databases to third parties.

Applicant Signature: \_\_\_\_\_ Date: \_\_\_\_\_



**YOGA ASSOCIATION OF ALBERTA  
EMPLOYMENT / TEACHING SUMMARY SHEET**

**NAME:** \_\_\_\_\_

You must account for a **minimum of 50 HOURS TEACHING** hatha yoga within each three-year period. (See the *YAA Hatha Yoga Teacher Recertification Guidelines* at [www.yoga.ca](http://www.yoga.ca) for more details. See Appendix A for a definition of hatha yoga.) The remaining **minimum of 100 HOURS** may be **EITHER ATTENDING OR TEACHING** hatha yoga classes and/or workshops. Please record on applicable worksheet.

**Record of Hatha Yoga Employment/Teaching**

Date	Employer	Phone	Class Location & Description	Hours
<b>TOTAL TEACHING HOURS (Minimum 50)</b>				

Use more pages as necessary