

TEACHER RECERTIFICATION

- * Applicants must have initial YAA Certification and maintain YAA membership in good standing. *
- * Applications must be received by the applicable deadline (March 1st for May certification, July 1st for September certification, and November 1st for January certification.) *
- * Please be advised that any applicant may be subject to an audit of submitted documentation at anytime. *

Name: _____ E-mail Address: _____

Address: _____

City/Province: _____ Postal Code: _____

Phone Number: (Home) _____ (Alternate) _____

See Section II of the *YAA Hatha Yoga Teacher Recertification Guidelines* for more details on recertification requirements, advanced training levels and status applications. If you have taught or attended workshops / classes over and above the required hours, please record those hours as well in order that a complete profile of your professional development is in your file. If you do not meet the minimum hourly requirements as outlined below, please see *Section 1.3 - Requests for Extension*.

Please submit this form to the above address or email with the following:

- YAA membership must remain current for Certification to be valid. We highly recommend purchasing 3 years or a lifetime membership** (\$30/year or \$350 lifetime) – attach cheque or pay online through the website.
- Recertification Fee** (\$100) – attach cheque or pay online through the website.
- Record of a **MINIMUM TOTAL OF 240 HOURS** of hatha yoga (see Appendix A for definition of hatha yoga) professional development **within each three-year period** in the following categories:
 - A minimum of 90 HOURS ATTENDING** hatha yoga classes and/or workshops (use the *Class/Workshop Attendance Hours Worksheet*). Classes and workshops must be taught by YAA Intermediate or Senior Teachers (or equivalent) for credit towards Advanced Training Levels. Online classes or webinars are considered acceptable **only if** there is an interactive component between the teacher and participants, where participants ask questions, receive feedback from the teacher, etc. ***Approved Senior Teachers ONLY:** If your class attendance hours total between 50-90, please submit a short report detailing your hours of self-study practices, related readings, etc.
 - A minimum of 50 HOURS TEACHING** hatha yoga classes and/or workshops (use the *Teaching Hours Worksheet*).
 - The remaining **minimum of 100 HOURS** may be **EITHER ATTENDING OR TEACHING** hatha yoga classes and/or workshops.

PLEASE SUMMARIZE FROM ATTACHED FORMS:

_____ HOURS ATTENDING (90 minimum)
 + _____ HOURS TEACHING (50 minimum)
 = _____ **TOTAL HOURS REPORTED (240 minimum)**

- Reinstatement fee** (\$175) **ONLY** if your YAA Certification has previously expired. Include Recertification Worksheets with hours since last submission. Includes Recertification fee (valid for 3 years).
- Extension fee** (\$50/1 Year **OR** \$150/3 Year) **ONLY** if you do not meet Recertification requirements - please submit request with worksheets filled with hours accumulated plus email cert@yoga.ca detailing your circumstances and your plan for obtaining your missing requirements, including the expected time frame.

The information on this form is used to determine eligibility in YAA programs. By signing below, I affirm that all the documents attached to this certification application are correct, complete and fully disclose my yoga activities. I also hereby agree to adhere to the YAA Code of Ethics and Guidelines for YAA Certified Teachers. I also agree to receive commercial electronic emails from the YAA. The YAA does not sell databases to third parties.

Applicant Signature: _____ Date: _____

Yoga Association of Alberta Class / Workshop Attendance Hours

Name: _____

Date: _____

<i>Date(s) (Classes may be grouped by term)</i>	<i>Title & Description of Workshop or Classes</i>	<i>Class Location / Studio</i>	<i>Instructor (First and Surname)</i>	<i>Total Hours of Workshop or Classes</i>	<i>Estimate % of class time spent on asana training</i>
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			Total Hours	0	For Information Only

Use as many pages as necessary.
Also available as Excel file on www.yoga.ca

