

**APPLICATION FOR INTERMEDIATE OR SENIOR TEACHER STATUS**

- \* Applicants must have initial YAA Certification and maintain YAA membership in good standing. \*
- \* Applications must be received by the applicable deadline (March 1<sup>st</sup> for May certification, July 1<sup>st</sup> for September certification, and November 1<sup>st</sup> for January certification.) \*
- \* Please be advised that any applicant may be subject to an audit of submitted documentation at anytime. \*

Name: _____	E-mail Address: _____
Address: _____	
City/Province: _____	Postal Code: _____
Phone Number: (Home) _____	(Alternate) _____

The YAA recognizes **Intermediate and Senior Teachers** as experienced teachers and practitioners who may train hatha yoga practitioners to become teachers of hatha yoga in alignment with the training principles of the YAA. **Full requirements are outlined in Section II of the YAA Recertification Guidelines.** A summary of the requirements is as follows.

**Please check off which level you are applying for:**

- Intermediate Teachers** must have a minimum of **750 Hours** of training with YAA Intermediate or Senior Teachers (or equivalent), **10 or more years of on-going learning and practice** of hatha yoga, **5 or more years of on-going teaching experience** as a YAA Certified Teacher (or equivalent), **and a minimum of 1,000 hours of teaching.**
- Senior Teachers** must have a minimum of **1,000 Hours** of training with YAA Intermediate or Senior Teachers (or equivalent), **20 or more years of on-going learning and practice** of hatha yoga, **10 or more years of on-going teaching experience** as a YAA Certified Teacher (or equivalent), **and a minimum of 2,000 hours of teaching.**

Upon approval, a new certificate will be issued, and expiry dates will remain in line with the teacher's current recertification schedule. Records from previous and current recertification periods may be used. Although the same hours submitted for this application may also be used towards recertification, an **Application for Recertification must be submitted separately, when due.**

**Please ensure your YAA membership is up-to-date and submit this form to the above address or email with the following:**

- Level and Status Approval Fee (\$75)** – attach cheque or pay online through the website.
- Records of ATTENDING hatha yoga classes and/or workshops since most recent YAA Certification** (*Class/Workshop Attendance Hours Worksheets*).  
**Hours must include the following component** (if not reported at the 500-Hour Level):
  - 15 hours of Anatomy & Physiology** (may be non-contact hours eg. book reports, on-line courses, etc. - please highlight on worksheet).
- Records of TEACHING hatha yoga classes and/or workshops since most recent YAA Certification** (*Employment/Teaching Hours Worksheets*).
- A **reference letter** from a YAA Senior Teacher (or equivalent) with whom the applicant has mentored that attests to the applicants' maturity of practice and teaching skills.
- A **character reference** from another YAA Senior Teacher that verifies that their professional conduct reflects the YAA Code of Ethics and the Guidelines for YAA Certified Teachers based on the Code of Ethics.

Note: Letters must be submitted for each application and may be included or sent directly to [cert@yoga.ca](mailto:cert@yoga.ca).

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Please provide the following information for review by the YAA Certification Committee: (Use more pages as necessary.)

- 1. For how many years have you practiced yoga regularly? \_\_\_\_\_ years.
- 2. In what year did you first start taking hatha yoga classes in a formal setting? \_\_\_\_\_
- 3. Give a synopsis of the history of your early yoga practice and teacher training. Give specific details such as workshop titles and instructors and names of weekly class teachers, if not already outlined in YAA documentation.

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- 4. Describe the nature of your present yoga practice. (e.g. Tradition, style, types of practices, areas of interest, expertise).

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- 5. Briefly describe the hatha yoga classes that you teach.

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- 6. The YAA program requires that TTP students seek ongoing guidance and training from a YAA Senior Teacher and may also choose a YAA Intermediate Teacher. YAA Intermediate and Senior Teachers have a number of roles and responsibilities, which are outlined in *the YAA Senior Teacher Guidelines* and the *YAA TTP Syllabus and Certification Guidelines*, which can be downloaded from the YAA website at [yoga.ca/mentorship-guidelines/](http://yoga.ca/mentorship-guidelines/).

\_\_\_\_\_ Please initial that you have read and agree to uphold the Intermediate/Senior Teacher responsibilities as outlined in the most recent *YAA Mentorship Guidelines*, dated \_\_\_\_\_.

\_\_\_\_\_ Please initial that you have read and are familiar with the most recent *YAA TTP Syllabus and Certification Guidelines*, dated \_\_\_\_\_.

The information on this form is used to determine eligibility in YAA programs and may be made available to the executive, certification committee, yoga teachers and staff at the YAA. By signing below, I affirm that the information herein and all documents attached to this application are correct, complete and true to the best of my knowledge. I have read, understood and accept the stipulations of YAA Certification as outlined in the *YAA Recertification Guidelines* and will adhere to the *YAA Code of Ethics – Guidelines for YAA Certified Teachers (Appendix B)*. As well, I agree to have my name, phone number, and training program listed in the YAA Teacher Directory which is published in *Yoga Bridge* and on the YAA website. All other information is kept confidential. The YAA does not sell databases to third parties. I agree to receive commercial electronic emails from the YAA. I also give permission for photographs of myself taken at workshops to be used for publication purposes. My photograph can be used for YAA business or newsletter.

Print Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_